

2023 Bill Heebner Winter Freeze Masters Meet - 4/30/2023

Results

Event 1 Women 25-29 1500 SC Meter Freestyle

Name	Age	Team	Seed Time	Finals Time	Points		
1 Wei, Laurie	29	Lane 4 Swimming-10	20:55.97	21:30.00	20		
36.63	1:17.12	1:58.87	2:40.75	3:22.65	4:05.58	4:48.59	5:32.35
6:15.69	6:59.53	7:42.55	8:25.67	9:09.47	9:53.62	10:36.97	11:19.99
12:04.46	12:47.95	13:32.18	14:15.83	15:00.20	15:43.92	16:27.81	17:11.82
17:55.51	18:39.49	19:23.18	20:05.92	20:48.74	21:30.00		
2 Moore, Danielle	28	Uc08	24:48.45	25:35.79	17		
40.99	1:27.90	2:17.63	3:07.03	3:58.62	4:49.55	5:40.13	6:32.76
7:23.71	8:14.34	9:06.97	9:59.16	10:52.42	11:44.63	12:37.47	13:31.33
14:23.45	15:17.00	16:09.24	17:01.86	17:54.74	18:47.86	20:33.50	
21:23.97	22:18.56	23:09.86	24:00.01	24:51.48	25:35.79		

Event 1 Women 55-59 1500 SC Meter Freestyle

1 Dawson, Deborah	55	District Of Columbia Aquatics-10	19:25.00	19:03.44	20		
34.99	1:12.98	1:51.56	2:30.40	3:09.79	3:49.06	4:28.16	5:06.86
5:45.51	6:23.60	7:01.86	7:39.91	8:18.07	8:55.97	9:34.05	10:12.23
10:50.29	11:28.45	12:06.31	12:44.56	13:22.30	14:00.72	14:38.72	15:16.33
15:54.26	16:32.03	17:09.62	17:47.87	18:25.97	19:03.44		
2 Hug, Laurie	58	Colonials 1776-8	20:22.02	20:12.38	17		
37.42	1:18.36	1:59.63	2:41.00	3:22.03	4:02.44	4:43.43	5:24.01
6:04.91	6:44.95	7:25.92	8:06.91	8:47.91	9:28.62	10:08.85	10:48.96
11:30.19	12:10.31	12:50.90	13:31.38	14:11.63	14:52.40	15:33.04	16:13.10
16:52.78	17:33.11	18:13.52	18:53.71	19:33.51	20:12.38		

Event 1 Women 65-69 1500 SC Meter Freestyle

1 Keisling, Christine	67	Spring Valley YMCA Masters-8	25:00.00	25:35.29	20		
42.98	1:31.54	2:21.65	3:12.31	4:03.64	4:54.57	5:46.49	6:37.68
7:28.83	8:19.67	9:10.00	10:00.36	10:51.53	11:42.64	12:34.43	13:26.33
14:18.29	15:10.40	16:02.78	16:54.70	17:46.91	18:39.25	19:31.14	20:23.44
21:15.47	22:07.65	22:59.78	23:51.79	24:44.20	25:35.29		

Event 1 Men 45-49 1500 SC Meter Freestyle

1 Dion, Thomas	45	Reston Masters Swim Team-10	18:55.00	18:39.92	20		
34.00	1:10.94	1:47.83	2:24.71	3:01.69	3:39.17	4:16.10	4:53.37
5:30.96	6:07.84	6:44.86	7:22.34	8:00.81	8:38.31	9:16.02	9:53.48
10:30.15	11:07.67	11:46.05	12:23.92	13:01.75	13:39.57	14:17.93	14:56.05
15:33.83	16:12.04	16:49.70	17:27.26	18:04.39	18:39.92		

Event 1 Men 60-64 1500 SC Meter Freestyle

1 McNamara, William	62	Spring Valley YMCA Masters-8	23:57.37	22:44.21	20		
38.74	1:21.29	2:05.76	2:50.69	3:35.83	4:21.55	5:07.42	5:53.39
6:38.79	7:24.56	8:10.32	8:56.32	9:41.91	10:27.86	11:13.97	12:00.05
12:46.42	13:32.40	14:18.29	15:03.40	15:49.11	16:35.15	17:21.40	18:07.67
18:54.22	19:40.71	20:27.73	21:14.01	22:00.65	22:44.21		

Event 1 Men 70-74 1500 SC Meter Freestyle

1 Ryan, James	71	Somerset County YMCA Masters-7	22:45.98	23:33.79	20		
43.96	1:30.51	2:16.95	3:03.38	3:49.76	4:36.77	5:23.34	6:09.76
6:55.60	7:42.29	8:29.69	9:17.76	10:05.56	10:52.73	11:39.88	12:26.77
13:14.06	14:01.99	14:49.54	15:36.44	16:24.47	17:12.37	18:00.08	18:47.27
19:35.42	20:23.36	21:11.31	21:59.30	22:47.14	23:33.79		
2 Stanton, Joseph	71	Uc08	28:00.00	32:12.43	17		
58.32		3:05.77		5:15.01	6:19.41	7:24.91	8:30.68
9:36.39	10:42.54	11:47.72	12:52.92	13:58.18	15:03.28	16:08.96	17:14.94
18:20.12	19:25.55	20:29.62	21:34.90	22:40.42	23:45.73	24:49.86	25:54.08
26:58.57	28:02.10	29:04.87	30:08.95	31:11.21	32:12.43		

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Event 1 Men 85-89 1500 SC Meter Freestyle

1	Gladfelter, David	87	Colonials 1776-8	45:00.00	44:45.52	20
	1:16.09	2:44.03	5:42.91	7:12.31	8:42.04	10:11.34
	11:41.00	13:10.50	16:09.15	17:37.65	19:06.44	20:35.36
	22:04.86	25:05.37	26:36.61	28:06.63	29:37.03	31:06.43
	32:37.68	34:09.37	35:40.92	37:10.64	40:13.37	41:44.81
	43:19.45	44:45.52				

Event 3 Women 35-39 100 SC Meter Breaststroke

1	Mikalic, Cathy	37	Colonials 1776-8	3:35.01	3:03.92	20
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Event 3 Women 50-54 100 SC Meter Breaststroke

1	Davidson, Michelle	53	Garden State Masters-7	1:44.91	1:45.82	20
	49.53	1:45.82				

Event 3 Women 55-59 100 SC Meter Breaststroke

1	Dawson, Deborah	55	District Of Columbia Aquatics-10	1:26.72	1:27.21	20
	40.99	1:27.21				

Event 3 Women 65-69 100 SC Meter Breaststroke

1	Lampe, Betty	68	Colonials 1776-8	2:05.00	2:00.89	20
	57.24	2:00.89				

Event 3 Men 30-34 100 SC Meter Breaststroke

1	Callanan, Ryan	30	Colonials 1776-8	1:30.00	1:18.67	20
	39.01	1:18.67				

Event 3 Men 45-49 100 SC Meter Breaststroke

1	Houchins, Bradford	45	Spring Valley YMCA Masters-8	1:14.00	1:14.82	20
	35.04	1:14.82				

Event 3 Men 50-54 100 SC Meter Breaststroke

1	Sangmeister, Gary	52	Spring Valley YMCA Masters-8	1:16.50	1:17.75	20
	35.86	1:17.75				

Event 3 Men 65-69 100 SC Meter Breaststroke

1	Oxley, Gregory	65	Landshark Aquatic Masters-8	1:18.00	1:17.46	20
	36.38	1:17.46				
2	Stillwell, Charles	65	Uc07	1:40.14	1:39.36	17
	47.12	1:39.36				
3	Miller, Jamie	69	North Carolina Masters Swimmin-13	2:06.61	2:28.19	16
	1:14.18	2:28.19				

Event 4 Women 30-34 25 SC Meter Freestyle

1	Callanan, Marissa	30	Uc07	18.00	16.40	20
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Event 4 Women 40-44 25 SC Meter Freestyle

1	Stakem, Meredith	42	District Of Columbia Aquatics-10	12.96	13.05	20
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Event 4 Women 45-49 25 SC Meter Freestyle

1	Holmes, Jennifer	49	First State Masters-8	20.00	17.21	20
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Event 4 Women 50-54 25 SC Meter Freestyle

1	Ly, Kimmie	53	Uc07	25.49	22.28	20
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Event 4 Women 60-64 25 SC Meter Freestyle

1	Seagraves, Carolyn	61	Uc08	19.00	18.50	20
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Event 4 Women 65-69 25 SC Meter Freestyle

1	Hedash, Audrey	65	Uc08	23.65	24.53	20
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Event 4 Women 70-74 25 SC Meter Freestyle

1	Westhuis, Mary	71	Uc08	19.32	18.52	20
2	Crowe, Amy	73	Landshark Aquatic Masters-8	24.10	24.50	17

Event 4 Women 80-84 25 SC Meter Freestyle

1	Anttonen, Judy	82	Uc08	30.01	25.16	20
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Event 4 Men 18-24 25 SC Meter Freestyle

1	Wells, Connor	22	Uc10	14.00	13.70	20
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Event 4 Men 30-34 25 SC Meter Freestyle

1	Henderson, Michael	32	Uc08	25.00	17.64	20
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Event 4 Men 45-49 25 SC Meter Freestyle

1	Conn, Bill	49	Uc08	13.80	12.71	20
2	Zhukarev, Stan	45	Spring Valley YMCA Masters-8	14.00	13.38	17

Event 4 Men 50-54 25 SC Meter Freestyle

1	Dittmar, Greg	50	Colonials 1776-8	12.99	14.20	20
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Event 4 Men 60-64 25 SC Meter Freestyle

1	Bedford, Rob	61	Colonials 1776-8	12.78	12.90	20
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Event 4 Men 65-69 25 SC Meter Freestyle

1	Westhuis, Arrien	69	Uc08	21.00	19.78	20
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Event 4 Men 70-74 25 SC Meter Freestyle

1	Stanton, Joseph	71	Uc08	25.00	20.78	20
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Event 5 Women 25-29 50 SC Meter Backstroke

1	Glisan, Sarah	26	Philadelphia Fins-8	32.82	35.01	20
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Event 5 Women 30-34 50 SC Meter Backstroke

1	King, Molly	31	Colonials 1776-8	46.97	46.65	20
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Event 5 Women 40-44 50 SC Meter Backstroke

1	Pucke, Andrea	41	Spring Valley YMCA Masters-8	38.36	37.96	20
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Event 5 Women 45-49 50 SC Meter Backstroke

1	Holtan, Elise	45	Uc08	36.37	35.75	20
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Event 5 Women 50-54 50 SC Meter Backstroke

1	Davidson, Michelle	53	Garden State Masters-7	34.17	36.66	20
2	Ly, Kimmie	53	Uc07	55.13	1:02.70	17

Event 5 Women 70-74 50 SC Meter Backstroke

1	Westhuis, Mary	71	Uc08	42.96	43.90	20
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Event 5 Women 75-79 50 SC Meter Backstroke

1	Uustal, Diann	77	Sarasota Sharks Masters-14	40.95	41.90	20
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Event 5 Men 45-49 50 SC Meter Backstroke

1	Dion, Thomas	45	Reston Masters Swim Team-10	35.00	36.10	20
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Event 5 Men 50-54 50 SC Meter Backstroke

1	Rees, Greg	54	Spring Valley YMCA Masters-8	30.15	29.58	20
2	Robertson, John	52	Spring Valley YMCA Masters-8	30.60	31.09	17

Event 5 Men 55-59 50 SC Meter Backstroke

1	Evans, Jeffrey	57	Spring Valley YMCA Masters-8	32.00	31.24	20
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Results

Event 5 Men 60-64 50 SC Meter Backstroke

1	Bedford, Rob	61	Colonials 1776-8	32.96	33.45	20
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Event 5 Men 65-69 50 SC Meter Backstroke

1	Stillwell, Charles	65	Uc07	38.06	39.87	20
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Event 5 Men 70-74 50 SC Meter Backstroke

1	Cockburn, Alistair	70	Uc14	33.54	33.17	20
2	Meyer, Geoffrey	72	Colonials 1776-8	36.50	36.06	17

Event 5 Men 80-84 50 SC Meter Backstroke

1	Robinson, David	80	Germantown Maryland Masters-10	48.00	47.11	20
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Event 5 Men 85-89 50 SC Meter Backstroke

1	Schade, Hans	87	YMCA Of Bucks County-8	54.21	58.48	20
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Event 6 Women 35-39 100 SC Meter Butterfly

1	Marshall, Victoria	35	Colonials 1776-8	1:12.00	1:16.55	20
	35.76	1:16.55				

Event 6 Women 55-59 100 SC Meter Butterfly

1	Hug, Laurie	58	Colonials 1776-8	1:20.21	1:22.28	20
	38.60	1:22.28				

Event 6 Women 60-64 100 SC Meter Butterfly

1	Burke, Barbara	62	Colonials 1776-8	1:23.87	1:26.35	20
	40.47	1:26.35				

Event 6 Women 65-69 100 SC Meter Butterfly

1	Lampe, Betty	68	Colonials 1776-8	2:15.00	2:07.11	20
	56.82	2:07.11				

Event 6 Men 40-44 100 SC Meter Butterfly

1	Druckenmiller, Jim	41	Uc08	1:11.48	1:12.53	20
	34.67	1:12.53				

Event 6 Men 45-49 100 SC Meter Butterfly

1	Page, Joshua	46	Uc08	1:16.00	1:18.83	20
	34.88	1:18.83				

Event 6 Men 50-54 100 SC Meter Butterfly

1	Gross, Jeremy	52	Spring Valley YMCA Masters-8	1:02.62	1:02.25	20
	28.91	1:02.25				

Event 6 Men 70-74 100 SC Meter Butterfly

1	Fine, Gary	73	Minnesota Masters Swim Club-30	1:36.68	1:42.60	20
	45.51	1:42.60				

Event 7 Women 25-29 400 SC Meter Freestyle

1	Moore, Danielle	28	Uc08	6:17.61	6:19.62	20		
	39.48	1:23.45	2:10.90	3:00.28	3:49.27	4:40.78	5:30.59	6:19.62

Event 7 Women 35-39 400 SC Meter Freestyle

1	Marshall, Victoria	35	Colonials 1776-8	5:15.00	5:19.47	20		
	36.81	1:16.62	1:56.94	2:37.58	3:18.65	3:59.71	4:39.80	5:19.47
2	Ford, Courtney	35	First State Masters-8	6:10.00	6:39.45	17		
	44.90	1:33.26	2:24.81	3:16.43	4:08.35	5:01.27	5:51.90	6:39.45

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Event 7 Women 70-74 400 SC Meter Freestyle

1	McManus, Diane	73	Colonials 1776-8	9:59.59	10:05.98	20		
	1:13.79	2:28.36	3:45.13	5:01.67	6:19.79	7:35.06	8:50.86	10:05.98

Event 7 Men 30-34 400 SC Meter Freestyle

1	Callanan, Ryan	30	Colonials 1776-8	5:14.14	4:51.63	20		
	35.64	1:12.47	1:49.74	2:26.67	3:03.29	3:40.05	4:16.44	4:51.63

Event 7 Men 40-44 400 SC Meter Freestyle

1	Boris, Joseph	44	Spring Valley YMCA Masters-8	5:19.72	5:20.79	20		
	35.65	1:15.46	1:57.26	2:38.83	3:20.51	4:01.86	4:42.52	5:20.79

Event 7 Men 55-59 400 SC Meter Freestyle

1	Gamble, Tommy	58	Spring Valley YMCA Masters-8	5:44.00	6:21.59	20		
	40.46	1:25.66	2:13.56	3:03.76	3:53.40	4:44.11	5:33.49	6:21.59

Event 7 Men 65-69 400 SC Meter Freestyle

1	Miller, Jamie	69	North Carolina Masters Swimmin-13	8:37.69	9:23.21	20		
	1:03.41	3:29.01	4:44.24	5:59.73	8:22.41	9:23.21		

Event 7 Men 70-74 400 SC Meter Freestyle

1	Ryan, James	71	Somerset County YMCA Masters-7	5:48.96	6:00.53	20		
	41.89	1:26.09	2:10.91	2:56.90	3:42.59	4:28.82	5:15.03	6:00.53
2	Dougherty, Kevin	70	Colonials 1776-8	6:31.21	7:08.50	17		
	43.42	1:34.62	2:28.64	3:24.51	4:20.18	5:17.65	6:15.77	7:08.50
3	Stanton, Joseph	71	Uc08	8:00.00	8:14.80	16		
	1:51.43	2:54.81	4:00.12	6:08.37	8:14.80			

Event 7 Men 85-89 400 SC Meter Freestyle

1	Gladfelter, David	87	Colonials 1776-8	11:30.00	11:58.61	20		
	1:19.02	2:52.99	4:25.68	5:57.49	7:31.38	9:04.58	10:36.30	11:58.61

Event 8 Women 35-39 50 SC Meter Breaststroke

1	Mikalic, Cathy	37	Colonials 1776-8	1:12.77	1:11.80	20
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Event 8 Women 55-59 50 SC Meter Breaststroke

1	Phillips, Janet	56	Uc08	1:04.00	1:03.02	20
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Event 8 Women 65-69 50 SC Meter Breaststroke

1	Hedash, Audrey	65	Uc08	1:00.25	1:01.27	20
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Event 8 Women 70-74 50 SC Meter Breaststroke

1	Crowe, Amy	73	Landshark Aquatic Masters-8	58.25	1:05.77	20
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Event 8 Men 18-24 50 SC Meter Breaststroke

1	Wells, Connor	22	Uc10	38.77	39.56	20
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Event 8 Men 30-34 50 SC Meter Breaststroke

1	Henderson, Michael	32	Uc08	50.00	44.39	20
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Event 8 Men 45-49 50 SC Meter Breaststroke

1	Houchins, Bradford	45	Spring Valley YMCA Masters-8	32.50	32.77	20
2	Conn, Bill	49	Uc08	37.50	35.29	17
3	Zhukarev, Stan	45	Spring Valley YMCA Masters-8	38.50	38.26	16

Event 8 Men 50-54 50 SC Meter Breaststroke

1	Sangmeister, Gary	52	Spring Valley YMCA Masters-8	34.00	33.50	20
2	Rees, Greg	54	Spring Valley YMCA Masters-8	36.73	38.62	17

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1	Evans, Jeffrey	57	Spring Valley YMCA Masters-8	36.00	36.35	20
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Event 8 Men 65-69 50 SC Meter Breaststroke

1	Oxley, Gregory	65	Landshark Aquatic Masters-8	34.50	34.62	20
2	Stillwell, Charles	65	Uc07	41.69	42.46	17
3	Westhuis, Arrien	69	Uc08	56.58	1:00.17	16

Event 9 Women 40-44 200 SC Meter IM

1	Pritchett, Jennifer	43	Nickel City Splash Swim Team-4	2:46.46	2:42.97	20
				32.96	1:17.72	2:05.13
						2:42.97
2	Stakem, Meredith	42	District Of Columbia Aquatics-10	2:48.07	2:43.62	17
				34.04	1:13.72	2:06.66
						2:43.62

Event 9 Women 55-59 200 SC Meter IM

1	Dawson, Deborah	55	District Of Columbia Aquatics-10	2:55.00	2:45.67	20
				36.55	1:19.85	2:08.97
						2:45.67
2	Hug, Laurie	58	Colonials 1776-8	2:57.52	2:57.39	17
				40.55	1:25.52	2:17.82
						2:57.39

Event 9 Women 60-64 200 SC Meter IM

1	Burke, Barbara	62	Colonials 1776-8	3:04.77	3:12.18	20
				40.44	1:33.00	2:28.27
						3:12.18

Event 9 Women 65-69 200 SC Meter IM

1	Lampe, Betty	68	Colonials 1776-8	4:10.00	4:02.66	20
				55.38	2:06.13	3:12.94
						4:02.66

Event 9 Men 30-34 200 SC Meter IM

1	Callanan, Ryan	30	Colonials 1776-8	2:42.70	2:33.44	20
				32.56	1:13.71	1:59.29
						2:33.44

Event 9 Men 40-44 200 SC Meter IM

1	Druckenmiller, Jim	41	Uc08	2:43.17	2:45.09	20
				34.11	1:19.21	2:06.66
						2:45.09
2	Boris, Joseph	44	Spring Valley YMCA Masters-8	2:53.99	2:51.34	17
				40.53	1:23.97	2:12.64
						2:51.34

Event 9 Men 70-74 200 SC Meter IM

1	Fine, Gary	73	Minnesota Masters Swim Club-30	3:28.00	3:29.95	20
				51.69	1:45.90	2:44.61
						3:29.95

Event 10 Women 35-39 100 SC Meter Freestyle

1	Mikalic, Cathy	37	Colonials 1776-8	2:03.34	1:59.66	20
				59.95	1:59.66	

Event 10 Women 40-44 100 SC Meter Freestyle

1	Reeves, Mandi	42	Uc08	1:30.00	1:24.36	20
				38.80	1:24.36	

Event 10 Women 45-49 100 SC Meter Freestyle

1	Holmes, Jennifer	49	First State Masters-8	1:35.00	1:31.41	20
				42.37	1:31.41	

Event 10 Women 50-54 100 SC Meter Freestyle

1	Ly, Kimmie	53	Uc07	1:48.22	1:54.49	20
				56.25	1:54.49	

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Event 10 Women 60-64 100 SC Meter Freestyle

1	Seagraves, Carolyn	61	Uc08	1:35.00	1:33.35	20
	44.42	1:33.35				

Event 10 Women 80-84 100 SC Meter Freestyle

1	Anttonen, Judy	82	Uc08	2:08.03	2:23.87	20
	1:03.01	2:23.87				

Event 10 Men 18-24 100 SC Meter Freestyle

1	Wells, Connor	22	Uc10	1:03.80	1:07.28	20
	30.94	1:07.28				

Event 10 Men 45-49 100 SC Meter Freestyle

1	Zhukarev, Stan	45	Spring Valley YMCA Masters-8	1:03.00	1:03.49	20
	30.48	1:03.49				

Event 10 Men 50-54 100 SC Meter Freestyle

1	Robertson, John	52	Spring Valley YMCA Masters-8	1:01.85	1:03.07	20
	30.33	1:03.07				

Event 10 Men 70-74 100 SC Meter Freestyle

1	Dougherty, Kevin	70	Colonials 1776-8	1:10.22	1:19.80	20
	37.60	1:19.80				
2	Ryan, James	71	Somerset County YMCA Masters-7	1:19.00	1:21.77	17
	40.96	1:21.77				
3	Stanton, Joseph	71	Uc08	1:30.00	1:51.90	16
	51.97	1:51.90				

Event 11 Women 45-49 200 SC Meter Backstroke

1	Holtan, Elise	45	Uc08	2:55.38	2:57.81	20
	41.22	1:26.08	2:12.48	2:57.81		

Event 11 Women 50-54 200 SC Meter Backstroke

1	Davidson, Michelle	53	Garden State Masters-7	2:40.02	2:51.04	20
	39.69	1:23.66	2:08.27	2:51.04		

Event 11 Men 40-44 200 SC Meter Backstroke

1	Boris, Joseph	44	Spring Valley YMCA Masters-8	2:55.68	2:53.25	20
	41.54	1:25.91	2:10.48	2:53.25		

Event 11 Men 55-59 200 SC Meter Backstroke

1	Evans, Jeffrey	57	Spring Valley YMCA Masters-8	2:30.00	2:39.12	20
	32.76	1:07.89	1:55.47	2:39.12		

Event 11 Men 80-84 200 SC Meter Backstroke

1	Robinson, David	80	Germantown Maryland Masters-10	3:46.00	4:02.95	20
	55.07	1:56.65	3:00.57	4:02.95		

Event 12 Women 25-29 50 SC Meter Butterfly

1	Glisan, Sarah	26	Philadelphia Fins-8	32.36	33.91	20
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Event 12 Women 30-34 50 SC Meter Butterfly

1	Callanan, Marissa	30	Uc07	39.66	39.71	20
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Event 12 Women 35-39 50 SC Meter Butterfly

1	Donati, Jacqueline	36	Colonials 1776-8	34.60	33.78	20
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Event 12 Women 75-79 50 SC Meter Butterfly

1	Uustal, Diann	77	Sarasota Sharks Masters-14	39.30	39.06	20
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2023 Bill Heebner Winter Freeze Masters Meet - 4/30/2023

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Event 12 Men 18-24 50 SC Meter Butterfly

1	Wells, Connor	22	Uc10	31.25	34.34	20
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Event 12 Men 40-44 50 SC Meter Butterfly

1	Druckenmiller, Jim	41	Uc08	33.40	32.40	20
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Event 12 Men 50-54 50 SC Meter Butterfly

1	Gross, Jeremy	52	Spring Valley YMCA Masters-8	27.44	26.84	20
2	Rees, Greg	54	Spring Valley YMCA Masters-8	28.14	27.79	17
3	Sangmeister, Gary	52	Spring Valley YMCA Masters-8	29.00	28.99	16

Event 12 Men 55-59 50 SC Meter Butterfly

1	Gamble, Tommy	58	Spring Valley YMCA Masters-8	35.00	38.47	20
2	Reph, Michael	55	YMCA Of Bucks County-8	36.00	40.16	17

Event 12 Men 60-64 50 SC Meter Butterfly

1	Bedford, Rob	61	Colonials 1776-8	29.91	31.11	20
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Event 12 Men 70-74 50 SC Meter Butterfly

1	Cockburn, Alistair	70	Uc14	32.52	31.86	20
2	Meyer, Geoffrey	72	Colonials 1776-8	35.50	34.54	17
3	Stanton, Joseph	71	Uc08	50.00	1:00.74	16

Event 13 Women 35-39 400 SC Meter IM

1	Marshall, Victoria	35	Colonials 1776-8	6:00.00	6:09.36	20		
	38.04	1:22.04	2:12.58	3:01.85	3:55.05	4:48.52	5:29.85	6:09.36

Event 13 Women 40-44 400 SC Meter IM

1	Stakem, Meredith	42	District Of Columbia Aquatics-10	5:59.99	5:50.41	20		
	36.96	1:21.46	2:05.21	2:48.05	3:40.15	4:31.64	5:11.16	5:50.41

Event 13 Women 55-59 400 SC Meter IM

1	Hug, Laurie	58	Colonials 1776-8	6:06.06	6:03.43	20		
	39.61	1:26.52	2:12.96	2:58.17	3:50.05	4:42.69	5:23.85	6:03.43

Event 13 Women 60-64 400 SC Meter IM

1	Burke, Barbara	62	Colonials 1776-8	6:36.77	6:47.29	20		
	43.35	1:33.25	2:29.02	3:24.63	4:20.00	5:17.98	6:02.17	6:47.29

Event 13 Men 30-34 400 SC Meter IM

1	Callanan, Ryan	30	Colonials 1776-8	6:09.23	5:33.99	20		
	33.75	1:13.80	1:59.71	2:44.11	3:31.94	4:19.55	4:58.26	5:33.99

Event 14 Women 25-29 25 SC Meter Breaststroke

1	Moore, Danielle	28	Uc08	22.00	23.31	20
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Event 14 Women 30-34 25 SC Meter Breaststroke

1	King, Molly	31	Colonials 1776-8	30.00	24.09	20
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Event 14 Women 35-39 25 SC Meter Breaststroke

1	Ford, Courtney	35	First State Masters-8	24.00	21.66	20
2	Mikalic, Cathy	37	Colonials 1776-8	35.52	28.70	17

Event 14 Women 55-59 25 SC Meter Breaststroke

1	Phillips, Janet	56	Uc08	28.00	28.16	20
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Event 14 Women 70-74 25 SC Meter Breaststroke

1	Crowe, Amy	73	Landshark Aquatic Masters-8	31.45	28.78	20
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2023 Bill Heebner Winter Freeze Masters Meet - 4/30/2023

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Event 14 Men 45-49 25 SC Meter Breaststroke

1	Houchins, Bradford	45	Spring Valley YMCA Masters-8	14.60	14.68	20
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Event 14 Men 50-54 25 SC Meter Breaststroke

1	Dittmar, Greg	50	Colonials 1776-8	15.99	17.10	20
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Event 14 Men 65-69 25 SC Meter Breaststroke

1	Stillwell, Charles	65	Uc07	28.25	20.23	20
2	Westhuis, Arrien	69	Uc08	27.00	24.60	17

Event 16 Women 50-54 200 SC Meter Breaststroke

1	Davidson, Michelle	53	Garden State Masters-7	3:25.90	3:40.10	20	
				50.55	1:46.52	2:43.67	3:40.10

Event 16 Women 65-69 200 SC Meter Breaststroke

1	Lampe, Betty	68	Colonials 1776-8	4:20.00	4:27.03	20	
				58.94	2:06.78	3:17.78	4:27.03
2	Hedash, Audrey	65	Uc08	4:55.80	4:42.69	17	
				1:02.84	2:14.96	3:29.31	4:42.69

Event 16 Men 65-69 200 SC Meter Breaststroke

1	Miller, Jamie	69	North Carolina Masters Swimmin-13	4:44.18	5:18.73	20	
				1:11.74	2:35.79	3:59.12	5:18.73

Event 17 Women 25-29 50 SC Meter Freestyle

1	Glisan, Sarah	26	Philadelphia Fins-8	30.22	30.65	20
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Event 17 Women 30-34 50 SC Meter Freestyle

1	Callanan, Marissa	30	Uc07	36.15	36.23	20
2	King, Molly	31	Colonials 1776-8	40.02	39.34	17

Event 17 Women 35-39 50 SC Meter Freestyle

1	Donati, Jacqueline	36	Colonials 1776-8	31.40	30.63	20
2	Ford, Courtney	35	First State Masters-8	40.00	35.03	17
3	Mikalic, Cathy	37	Colonials 1776-8	56.22	53.89	16

Event 17 Women 40-44 50 SC Meter Freestyle

1	Pucke, Andrea	41	Spring Valley YMCA Masters-8	31.47	31.47	20
2	Reeves, Mandi	42	Uc08	40.00	38.11	17

Event 17 Women 45-49 50 SC Meter Freestyle

1	Holmes, Jennifer	49	First State Masters-8	40.00	38.03	20
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Event 17 Women 50-54 50 SC Meter Freestyle

1	Ly, Kimmie	53	Uc07	49.52	49.90	20
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Event 17 Women 55-59 50 SC Meter Freestyle

1	Dawson, Deborah	55	District Of Columbia Aquatics-10	29.86	29.03	20
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Event 17 Women 60-64 50 SC Meter Freestyle

1	Burke, Barbara	62	Colonials 1776-8	33.47	33.30	20
2	Seagraves, Carolyn	61	Uc08	42.00	41.59	17

Event 17 Women 70-74 50 SC Meter Freestyle

1	Westhuis, Mary	71	Uc08	38.64	39.76	20
2	Crowe, Amy	73	Landshark Aquatic Masters-8	49.50	57.59	17
3	McManus, Diane	73	Colonials 1776-8	1:09.11	1:11.10	16

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Event 17 Women 80-84 50 SC Meter Freestyle

1	Anttonen, Judy	82	Uc08	55.13	1:02.22	20
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Event 17 Men 18-24 50 SC Meter Freestyle

1	Wells, Connor	22	Uc10	28.24	29.31	20
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Event 17 Men 30-34 50 SC Meter Freestyle

1	Henderson, Michael	32	Uc08	40.00	36.30	20
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Event 17 Men 45-49 50 SC Meter Freestyle

1	Conn, Bill	49	Uc08	27.50	27.65	20
2	Zhukarev, Stan	45	Spring Valley YMCA Masters-8	28.30	28.30	17

Event 17 Men 50-54 50 SC Meter Freestyle

1	Gross, Jeremy	52	Spring Valley YMCA Masters-8	25.29	25.29	20
2	Rees, Greg	54	Spring Valley YMCA Masters-8	26.81	26.52	17
3	Sangmeister, Gary	52	Spring Valley YMCA Masters-8	28.00	27.79	16

Event 17 Men 55-59 50 SC Meter Freestyle

1	Evans, Jeffrey	57	Spring Valley YMCA Masters-8	27.50	27.35	20
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Event 17 Men 60-64 50 SC Meter Freestyle

1	Bedford, Rob	61	Colonials 1776-8	28.06	28.44	20
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Event 17 Men 65-69 50 SC Meter Freestyle

1	Westhuis, Arrien	69	Uc08	44.67	45.80	20
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Event 17 Men 70-74 50 SC Meter Freestyle

1	Dougherty, Kevin	70	Colonials 1776-8	31.21	34.37	20
2	Ryan, James	71	Somerset County YMCA Masters-7	37.84	36.62	17

Event 18 Women 35-39 200 SC Meter Butterfly

1	Marshall, Victoria	35	Colonials 1776-8	2:47.16	2:52.75	20
	38.44	1:22.18	2:07.52	2:52.75		

Event 18 Women 40-44 200 SC Meter Butterfly

1	Pritchett, Jennifer	43	Nickel City Splash Swim Team-4	2:39.65	2:43.65	20
	34.36	1:15.55	1:59.70	2:43.65		

Event 18 Women 55-59 200 SC Meter Butterfly

1	Hug, Laurie	58	Colonials 1776-8	2:59.52	3:02.51	20
	41.54	1:29.00	2:16.65	3:02.51		

Event 18 Women 65-69 200 SC Meter Butterfly

1	Lampe, Betty	68	Colonials 1776-8	4:50.00	4:53.36	20
	1:03.99	2:19.62	3:38.13	4:53.36		

Event 18 Men 70-74 200 SC Meter Butterfly

1	Fine, Gary	73	Minnesota Masters Swim Club-30	3:47.00	3:53.89	20
	53.43	1:53.76	2:55.61	3:53.89		

Event 19 Women 45-49 100 SC Meter Backstroke

1	Holtan, Elise	45	Uc08	1:18.81	1:20.14	20
	38.87	1:20.14				

Event 19 Women 50-54 100 SC Meter Backstroke

1	Davidson, Michelle	53	Garden State Masters-7	1:17.00	1:19.26	20
	38.57	1:19.26				

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Event 19 Women 70-74 100 SC Meter Backstroke

1	Westhuis, Mary	71	Uc08	1:32.00	1:35.36	20
	46.47	1:35.36				

Event 19 Men 40-44 100 SC Meter Backstroke

1	Boris, Joseph	44	Spring Valley YMCA Masters-8	1:23.65	1:22.43	20
	41.05	1:22.43				

Event 19 Men 50-54 100 SC Meter Backstroke

1	Robertson, John	52	Spring Valley YMCA Masters-8	1:06.75	1:07.93	20
	32.88	1:07.93				

Event 19 Men 65-69 100 SC Meter Backstroke

1	Miller, Jamie	69	North Carolina Masters Swimmin-13	3:00.00	2:35.17	20
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Event 19 Men 70-74 100 SC Meter Backstroke

1	Meyer, Geoffrey	72	Colonials 1776-8	1:18.50	1:23.26	20
	41.47	1:23.26				

Event 19 Men 80-84 100 SC Meter Backstroke

1	Robinson, David	80	Germantown Maryland Masters-10	1:56.00	1:49.72	20
	52.48	1:49.72				

Event 19 Men 85-89 100 SC Meter Backstroke

1	Schade, Hans	87	YMCA Of Bucks County-8	2:01.11	2:15.82	20
	1:04.99	2:15.82				

Event 20 Women 30-34 100 SC Meter IM

1	King, Molly	31	Colonials 1776-8	1:45.27	1:47.33	20
	47.56	1:47.33				

Event 20 Women 35-39 100 SC Meter IM

1	Donati, Jacqueline	36	Colonials 1776-8	1:19.80	1:18.85	20
	35.76	1:18.85				

Event 20 Women 40-44 100 SC Meter IM

1	Stakem, Meredith	42	District Of Columbia Aquatics-10	1:20.02	1:14.92	20
	34.06	1:14.92				
2	Pucke, Andrea	41	Spring Valley YMCA Masters-8	1:20.40	1:20.98	17
	37.07	1:20.98				

Event 20 Women 55-59 100 SC Meter IM

1	Dawson, Deborah	55	District Of Columbia Aquatics-10	1:20.00	1:16.48	20
	36.16	1:16.48				

Event 20 Women 60-64 100 SC Meter IM

1	Burke, Barbara	62	Colonials 1776-8	1:26.57	1:26.36	20
	40.89	1:26.36				

Event 20 Women 65-69 100 SC Meter IM

1	Hedash, Audrey	65	Uc08	2:02.64	2:13.20	20
	1:06.16	2:13.20				

Event 20 Women 70-74 100 SC Meter IM

1	Crowe, Amy	73	Landshark Aquatic Masters-8	2:15.27	2:36.01	20
	1:18.06	2:36.01				

Event 20 Women 80-84 100 SC Meter IM

1	Anttonen, Judy	82	Uc08	2:34.59	2:48.03	20
	1:18.54	2:48.03				

2023 Bill Heebner Winter Freeze Masters Meet - 4/30/2023**Results****Event 20 Men 30-34 100 SC Meter IM**

1	Callanan, Ryan	30	Colonials 1776-8	1:09.76	1:07.02	20
	30.82 1:07.02					

Event 20 Men 45-49 100 SC Meter IM

1	Zhukarev, Stan	45	Spring Valley YMCA Masters-8	1:18.81	1:15.59	20
	35.82 1:15.59					
2	Houchins, Bradford	45	Spring Valley YMCA Masters-8	1:17.00	1:16.47	17
	37.23 1:16.47					

Event 20 Men 55-59 100 SC Meter IM

1	Evans, Jeffrey	57	Spring Valley YMCA Masters-8	1:06.50	1:09.18	20
	31.76 1:09.18					
2	Reph, Michael	55	YMCA Of Bucks County-8	1:40.00	1:39.36	17
	44.16 1:39.36					

Event 20 Men 70-74 100 SC Meter IM

1	Dougherty, Kevin	70	Colonials 1776-8	1:30.25	1:34.37	20
	43.14 1:34.37					

Event 20 Men 80-84 100 SC Meter IM

1	Robinson, David	80	Germantown Maryland Masters-10	1:36.00	1:46.78	20
	50.64 1:46.78					

Event 21 Women 40-44 200 SC Meter Freestyle

1	Pritchett, Jennifer	43	Nickel City Splash Swim Team-4	2:24.72	2:24.85	20
	33.62 1:11.27 1:49.26 2:24.85					

Event 21 Women 70-74 200 SC Meter Freestyle

1	McManus, Diane	73	Colonials 1776-8	4:59.59	4:59.25	20
	1:13.53 2:28.30 3:44.16 4:59.25					

Event 21 Men 40-44 200 SC Meter Freestyle

1	Boris, Joseph	44	Spring Valley YMCA Masters-8	2:32.82	2:40.07	20
	35.99 1:16.96 1:59.10 2:40.07					

Event 21 Men 65-69 200 SC Meter Freestyle

1	Miller, Jamie	69	North Carolina Masters Swimmin-13	4:03.63	4:25.56	20
	1:00.17 2:09.53 4:29.64 4:25.56					

Event 21 Men 70-74 200 SC Meter Freestyle

1	Ryan, James	71	Somerset County YMCA Masters-7	2:49.18	2:57.37	20
	41.16 1:26.18 2:11.65 2:57.37					

Event 22 Women 25-29 25 SC Meter Backstroke

1	Glisan, Sarah	26	Philadelphia Fins-8	15.50	16.24	20
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Event 22 Women 30-34 25 SC Meter Backstroke

1	King, Molly	31	Colonials 1776-8	23.00	23.16	20
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Event 22 Women 45-49 25 SC Meter Backstroke

1	Soo-Hoo, Linda	47	Uc08	25.00	27.09	20
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Event 22 Women 50-54 25 SC Meter Backstroke

1	Ly, Kimmie	53	Uc07	28.41	27.73	20
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Event 22 Women 70-74 25 SC Meter Backstroke

1	Westhuis, Mary	71	Uc08	21.48	21.18	20
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Event 22 Women 80-84 25 SC Meter Backstroke

1	Anttonen, Judy	82	Uc08	33.04	36.01	20
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Event 22 Men 30-34 25 SC Meter Backstroke

1	Henderson, Michael	32	Uc08	30.00	22.07	20
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Event 22 Men 50-54 25 SC Meter Backstroke

1	Dittmar, Greg	50	Colonials 1776-8	14.99	16.04	20
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Event 22 Men 55-59 25 SC Meter Backstroke

1	Reph, Michael	55	YMCA Of Bucks County-8	20.00	21.21	20
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Event 22 Men 60-64 25 SC Meter Backstroke

1	Bedford, Rob	61	Colonials 1776-8	15.50	16.20	20
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Event 22 Men 65-69 25 SC Meter Backstroke

1	Stillwell, Charles	65	Uc07	21.06	18.66	20
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Event 23 Mixed 160-199 200 SC Meter Medley Relay

1	Spring Valley YMCA Masters-8	A		NT	2:11.04	40
	1) Robertson, John M52	2) Houchins, Bradford M45	3) Zhukarev, Stan M45	4) Boris, Joseph M44		
		31.22	1:04.60	1:39.58	2:11.04	

Event 23 Mixed 200-239 200 SC Meter Medley Relay

2	Uc08	A		NT	3:36.68	34
	1) Seagraves, Carolyn W61	2) Phillips, Janet W56	3) Reeves, Mandi W42	4) Soo-Hoo, Linda W47		
		1:02.86	2:10.44	3:36.68		

Event 24 Women 25-29 25 SC Meter Butterfly

1	Glisan, Sarah	26	Philadelphia Fins-8	15.50	15.35	20
2	Moore, Danielle	28	Uc08	20.00	17.04	17

Event 24 Women 30-34 25 SC Meter Butterfly

1	Callanan, Marissa	30	Uc07	18.96	18.35	20
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Event 24 Women 35-39 25 SC Meter Butterfly

1	Donati, Jacqueline	36	Colonials 1776-8	15.50	14.75	20
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Event 24 Women 40-44 25 SC Meter Butterfly

1	Pritchett, Jennifer	43	Nickel City Splash Swim Team-4	14.45	14.47	20
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Event 24 Women 65-69 25 SC Meter Butterfly

1	Hedash, Audrey	65	Uc08	26.49	28.07	20
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Event 24 Women 70-74 25 SC Meter Butterfly

1	McManus, Diane	73	Colonials 1776-8	45.11	49.06	20
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Event 24 Men 30-34 25 SC Meter Butterfly

1	Henderson, Michael	32	Uc08	25.00	18.84	20
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Event 24 Men 45-49 25 SC Meter Butterfly

1	Conn, Bill	49	Uc08	15.00	14.80	20
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Event 24 Men 50-54 25 SC Meter Butterfly

1	Dittmar, Greg	50	Colonials 1776-8	14.00	14.34	20
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Event 24 Men 55-59 25 SC Meter Butterfly

1	Reph, Michael	55	YMCA Of Bucks County-8	17.00	17.40	20
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2023 Bill Heebner Winter Freeze Masters Meet - 4/30/2023**Results****Event 25 Mixed 200-239 400 SC Meter Freestyle Relay**

1 Spring Valley YMCA Masters-8	A	NT	3:59.11	40
1) Gross, Jeremy M52	2) Sangmeister, Gary M52	3) Evans, Jeffrey M57	4) Rees, Greg M54	
26.94	56.88	1:26.07	1:59.89	2:28.98
		3:01.01	3:28.61	3:59.11

Scores - WomenWomen - Team Rankings - Through Event 25

1. Colonials 1776	720	2. Uc08	585
3. District Of Columbia Aquatics	177	3. Uc07	177
5. First State Masters	114	6. Garden State Masters	100
6. Philadelphia Fins	100	8. Landshark Aquatic Masters	94
9. Nickel City Splash Swim Team	80	10. Spring Valley YMCA Masters	77
11. Sarasota Sharks Masters	40	12. Lane 4 Swimming	20

Scores - MenMen - Team Rankings - Through Event 25

1. Spring Valley YMCA Masters	684	2. Colonials 1776	451
3. Uc08	415	4. YMCA Of Bucks County	114
5. Uc10	100	6. North Carolina Masters Swimmin	96
7. Somerset County YMCA Masters	94	7. Uc07	94
9. Germantown Maryland Masters	80	10. Minnesota Masters Swim Club	60
11. Landshark Aquatic Masters	40	11. Uc14	40
11. Reston Masters Swim Team	40		