



Gloucester County YMCA Riptides Swim Team Swim to Haiti Fundraiser Challenge



Do you love to swim? Are you part of a swim team or pool exercise class? Looking to start a regular pool exercise program? Do you LOVE a challenge? Have you been touched by the tragic earthquake in Haiti?

The Riptides Swim Team needs YOU to participate in the **Swim to Haiti Challenge**. Over the course of one month join us as we swim, float and doggie paddle our way the 2700 miles from the Gloucester County YMCA to Haiti.

Purpose: To raise money for the Haitian YMCA in the aftermath of the devastation of the Haitian Earthquake.

Swimmer Challenges: We are offering several challenges as part of the **Swim to Haiti Challenge** including individual and team awards for the most money raised, the most miles swam as well as for the oldest and youngest participants. Each swimmer who reaches their swim goal will get a ribbon.

Step 1: Commit to the swim. Fill out and mail in the attached sign-up form and/or email and swim mileage goal to swimtohaiti@gmail.com. Form a team with your friends to join the team challenges. Teams can consist of three or more swimmers. If you are planning to participate in the goal or team challenges, please send in your form by March 1st 2010.

Step 2: Raise money for your swim mileage. We suggest a donation of \$1 per mile. There is a \$10 minimum to participate in the Challenge, but there is no swim distance minimum.

Step 3: Get in the pool. You may use flotation devices, flippers or any other aid in the water, it all counts. Pool runners can count their distance run in the water. After each workout, record your yardage on the challenge worksheet.

Step 4: Send in your mileage form and your donations. Please return all forms by March 25th. We will send out information about the Swim to Haiti Challenge final swim and party to all participants.

Caution: Please use caution when attempting to improve your fitness level. Increases in activity should be gradual over an extended period. If you have any questions or concerns contact your physician.

I Commit to the Swim To Haiti Challenge!

Name: _____ Age _____ Sex _____

Address: _____ City: _____

State _____ Zip _____ E-mail _____

Are you part of a challenge team? _____ Team Name: _____

What is your individual mile goal for the challenge? _____ miles

Or email your information and goals to swimtohaiti@gmail.com



**Gloucester County YMCA
Riptides Swim Team
Swim to Haiti Fundraiser Challenge**



RIPTIDES SWIM TEAM

We are the Riptides, the Gloucester County YMCA team with swimmers 5-18 years old. Please visit us at www.riptideswimming.com. EVERYBODY SWIMS! EVERYBODY WINS!!

YMCA OF GLOUCESTER COUNTY - MISSION STATEMENT

The YMCA of Gloucester County is dedicated to the development of Spirit, Mind and Body by providing leadership, programs and services to ALL county residents instilling the Christian ideals of caring, honesty, respect and responsibilities.

When you join the YMCA you join one of over 2000 YMCAs in the United States. The YMCA is more than just a pool, a gym, or fitness center. The Y is an association of members who come together to build a better future for themselves, their families and the community.

Dear Colleagues,

Some of you may have seen the message below from Selma Zaidi at YUSA; I know you all are aware of the tragedy in Haiti. I am writing to encourage you and your YMCA to do what you can to support our other YMCA colleagues in Haiti. I have a very heartfelt motivation for this request. Back in 2005 while I was with the New Orleans YMCA, the financial support we received from across the country after Hurricane Katrina was crucial to the recovery of our association and also was a powerful sign to all of us there that we were not alone. Some of you were in that group of supporters and while I was enormously grateful to everyone, the most poignant and sacrificial offer of help came from Gwenael Apollon, General Secretary of the Haiti YMCA. After conveying to me his thoughts and prayers, Gwenael told me that he was prepared to direct his annual campaign donors to send their contributions for the rest of the year to our YMCA instead of Haiti's. After receiving nearly \$500K in support, and recognizing the crushing poverty and challenges Gwenael faced daily in Haiti, I could not in sound conscience accept his support. Now, he needs ours and I intend for my YMCA and my family to be as generous with his YMCA as he was willing to be for New Orleans. I hope you will too.

*Darrell E. Johnson
President & CEO
Summit Area YMCA*

Send your entry forms to:

Gloucester County YMCA-Riptides Swim Team
Swim to Haiti Challenge
235 E. Red Bank Avenue
Woodbury, NJ 08096
Phone: (856) 845-0720

or email your information and goals to swimtohaiti@gmail.com



**Gloucester County YMCA
Riptides Swim Team
Swim to Haiti Fundraiser Challenge**



Gloucester County YMCA - Riptides Swim Team

Swim To Haiti - Mileage Record Form

Name: _____

Address: _____ E-mail _____

How far is a mile? The pool at the Gloucester County YMCA is 25 yards long. In order to swim 1 mile you need to swim 1750 yards (70 lengths of the pool). Don't forget to include your practice yardage, Riptide team members probably swim more than one mile at each practice. Everything counts!

Day	Date	Daily Yards	Total Yards	Day	Date	Daily Yards	Total Yards
Mon	Feb 15			Mon	March 1		
Tues	Feb 16			Tues	March 2		
Wed	Feb 17			Wed	March 3		
Thurs	Feb 18			Thurs	March 4		
Fri	Feb 19			Fri	March 5		
Sat	Feb 20			Sat	March 6		
Sun	Feb 21			Sun	March 7		
Mon	Feb 22			Mon	March 8		
Tues	Feb 23			Tues	March 9		
Wed	Feb 24			Wed	March 10		
Thurs	Feb 25			Thurs	March 11		
Fri	Feb 26			Fri	March 12		
Sat	Feb 27			Sat	March 13		
Sun	Feb 28			Sun	March 14		

Monthly Totals: _____ yards that means I swam _____ miles.

Signature: _____ Date: _____

I attest that the above swim totals are accurate and true.

You may drop off your form and pledges at the Gloucester County YMCA front desk or mail completed mileage forms, fundraising forms and pledges to:

Gloucester County YMCA - Riptides Swim Team
Swim to Haiti Challenge
235 E. Red Bank Avenue
Woodbury, NJ 08096

