

2012 Masters Sweetheart Mini Meet

Hosted by: Delaware Valley Masters and Upper Main Line YMCA

Date & Time: Sunday, February 12th, 8:00am to noon

Meet Director: Linda VanOcker

Contact: ScubaVan@comcast.net; 610-283-6525

Eligibility: This meet is open to swimmers 18 years and up.

Location: Upper Main Line YMCA- (B pool);

6 lanes, certified 25-SCY pool

1416 Berwyn-Paoli Road

Berwyn, PA 19312

ORDER OF EVENTS

1. 1000 free - 3 heats only
2. 50 Back
3. 100 Breast
4. 50 Fly
5. 100 IM
6. 50 Free
7. 100 Back
8. 50 Breast
9. 100 Fly
10. 200 Sweetheart Medley Relay (4 x 50) medley relay (mixed 2 male/2 female or all male/all female. All 4 swimmers must be members of same USMS team for time to count for Top 10).

Cost: \$5 for one individual event
\$10 for 2 to 5 individual events
\$10 per relay team



This is a low-key, fun chance to swim competitively...

But without the pressure of a championship or spending all day at a meet.

****All entries and seeding done onsite.****

Warm-up at 8 am, 1000Free begins at approx. 8:30am. There will be a 15-minute warm-up following the 1000, with the 50 back not beginning before 9:30 am. Meet should end by noon. No ribbons or medals. Each participant will receive a certificate of participation (and some sweetheart goodies TBD)

Bring a copy of your 2012 USMS registration card if you want your times to count for Top 10.

See www.DVMasters.org for any additional information and www.UMLY.org for directions.